

# Beach Sweeps & Litter Clean-ups

## Information on disposal

Litter clean-ups are an important part of keeping a healthy environment. Both on water and land, litter can harm people and wildlife, leach harmful chemicals into the environment, and it just looks plain ugly! Even more, since much litter is plastic, it will stay there for hundreds of years, no matter how small its fragments.

If you or a group have picked up litter, you will need to dispose of it correctly.

### Nova Scotia Adopt-A-Highway

Adopt a Highway Program provides Nova Scotians with the opportunity to contribute to local communities by removing litter from roadsides or exit ramps.

Essentially, adoption means that you have made the commitment to keep a section of roadway clean for a minimum of three years. Normally, this involves partaking in two clean-ups per year, one being in the spring and another happening in the Fall. After a group completes two clean-ups of their adopted route they can request signage, one sign being located at either end of the adopted route. After the three years are completed, you will have the choice to either renew your adoption or disband your group. You can also end your adoption commitment at any time.



**T: 902-843-3553**

**info@nsadoptahighway.ca**  
**nsadoptahighway.ca**

These contact details are for both Adopt-A-Highway and NS Pick-Me-Up

### Beach Clean-ups

If you are interested in participating with one of the groups who have organized beach litter clean-ups, please contact:

#### Friends of Scots Bay Salt Marsh

**[www.facebook.com/groups/3071417469612128/](https://www.facebook.com/groups/3071417469612128/)**

#### Scotian Shores

**[www.scotianshores.com](http://www.scotianshores.com)**  
**[scotianshores@gmail.com](mailto:scotianshores@gmail.com)**

If you are planning your own community clean-up please contact us beforehand to confirm disposal of waste.

### The Great Nova Scotia Pick-Me-Up (GNSPMU)

The GNSPMU is Nova Scotia's largest volunteer-driven community clean-up program, promoting litter clean-ups across the province.

In 2019 the Nova Scotia Adopt-A-Highway Program took over the delivery of Great Nova Scotia Pick-Me-Up Program from Clean.

The program provides supplies and support to participants (individuals, groups, businesses, schools) to carry out community-based litter clean-ups.



**[nspickmeup.ca](http://nspickmeup.ca)**

Before your clean-up, contact the Great NS Pick-Me-Up and receive free garbage bags.

If it's a small litter clean-up that can fit within the garbage bag limit, set it out on regular collection day with a "litter pick-up" note on the bag.

Larger clean-ups have a few options by contacting Valley Waste and must be arranged ahead of time:

1. Valley Waste may be able to collect the bags directly at the site of the clean-up
2. Valley Waste can issue a tipping fee exemption to bring the bags to our site at no charge

**902-679-1325 or 1-877-927-8300**

**[info@vwrm.com](mailto:info@vwrm.com)**  
**[www.vwrm.com](http://www.vwrm.com)**

